

Post-acute care requirements

Information for providers

For Blue Cross commercial, Medicare Plus BlueSM, BCN commercial and BCN AdvantageSM

Revised March 2025

In this document

Overview	1
How to submit post-acute care prior authorization requests	2
How to request a continued stay	3
How to access the assessment forms	3
How to request a peer-to-peer review	4
How to appeal an adverse determination	4
Utilization Management staff availability	5
Information for commercial members only	5
LTACH requests must include three SNF assessment	5
Information for Medicare Advantage members only	6
SNF interrupted stays	6
What to include on claims for skilled nursing facility services	7
The NOMNC and DENC forms	7

Overview

The information in this document applies to Blue Cross Blue Shield of Michigan commercial, Medicare Plus Blue, Blue Care Network commercial and BCN Advantage members who are being considered for admission to post-acute care (a skilled nursing facility, an inpatient rehabilitation facility or a long-term acute care hospital).

New starting Oct. 1, 2024, for Medicare Plus Blue and BCN Advantage members:

- For dates of service on or after Oct. 1, prior authorization requests are managed by Blue Cross and BCN as outlined in this document. Note that Patient-driven payment model, or PDPM, codes aren't required for prior authorization requests managed by Blue Cross or BCN.
- For retroactive authorization requests with dates of service before Oct. 1, submit the request
 through the e-referral system. Be sure to enter the Centers for Medicare & Medicaid Servicesdetermined PDPM code in the Case Communication field. We'll accept retroactive requests
 through Sept. 30, 2025. If you have questions, send them to
 UMMedicarePACCA@bcbsm.com.



Post-acute care requirements

Information for providers

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Revised March 2025

How to submit post-acute care prior authorization requests

The steps to submit prior authorization requests vary based on the line of business.

Lines of business	What to do
Blue Cross commercial	Complete the appropriate form and follow the instructions on the form to submit it:
• BCN	SNF/acute IPR assessment form
commercial	LTACH assessment form — Before placement in a long-term acute care setting can be considered, Blue Cross commercial and BCN commercial require that the member be assessed by three skilled nursing facilities affiliated with Blue Cross or BCN. For more information, see the "LTACH requests must include three SNF assessment" section on page 5.
Medicare Plus Blue	If you have access to our provider portal, Availity Essentials™, and the e-referral system, submit the request through the e-referral system. For
BCN Advantage	additional information, refer to the <u>e-referral User Guide</u> . See Section IV: Referrals and authorizations; look for the subsection titled "Submit an outpatient authorization request."
	Out-of-state providers who don't have access to Availity Essentials should complete the appropriate form and follow the instructions on the form to submit it:
	SNF/acute IPR assessment form
	LTACH assessment form

If you don't have access to Availity Essentials or to the e-referral system, see the <u>Register for web tools</u> page on **bcbsm.com**.

For guidelines on how to attach documentation to requests in the e-referral system, refer to the <u>e-referral User Guide</u>. Look in the "Submit an inpatient authorization" section for how to "Create New (communication)."

When the e-referral system is unavailable, follow the instructions in the document titled <u>e-referral</u> system maintenance times and what to do.



Post-acute care requirements

Information for providers

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Revised March 2025

How to request a continued stay

The process to request a continued stay — also known as an extension of stay or concurrent review — varies depending on whether you have access to the e-referral system.

Do you have access to e- referral?	What to do
Yes	 To request a continued stay: Locate the authorization in the e-referral system. Click the <i>Edit</i> button on the right side of the details page. Scroll to the Confinement Extension(s) section. Click the <i>Create New</i> button. Extend the date in the To Date field. Adjust the number of days in the Units field. Complete the appropriate form and attach it and any other supporting documentation to the Case communication field: SNF/acute IPR assessment form LTACH assessment form
No	8. Click Submit. To request a continued stay or extension of stay, complete the appropriate form and follow the instructions on the form to submit it: SNF/acute IPR assessment form LTACH assessment form

How to access the assessment forms

You can find the post-acute care assessment forms in the following locations:

- On the <u>For Providers: Forms and Documents</u> page at <u>bcbsm.com/providers</u>
- On our ereferrals.bcbsm.com website, in these locations:
 - On the <u>Blue Cross Post-Acute Care</u> page
 - On the <u>BCN Post-Acute Care</u> page
- On our Provider Resources website, which is accessible through our provider portal (<u>availity.com</u>*). Click the *Forms* menu and then click *Assessment*.



Post-acute care requirements Information for providers

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How to request a peer-to-peer review

For details about peer-to-peer reviews, see the document titled <u>How to request a peer-to-peer review with a Blue Cross or BCN medical director</u>.

Notes:

- For commercial members, peer-to-peer reviews occur after a denial is issued.
- For Medicare Plus Blue and BCN Advantage members, peer-to-peer reviews must occur before a denial is issued. See the document linked above for additional information.

How to appeal an adverse determination

For information about appealing utilization management decisions for inpatient prior authorization requests, see:

Line of business	Document
Blue Cross commercial	Log in to our provider portal (<u>availity.com</u> *).
	Click <i>Payer Spaces</i> on the menu bar and then click the BCBSM and BCN logo.
	3. Click the Resources tab.
	4. Click Provider Manuals.
	5. Click Blue Cross Commercial.
	6. Click the Appeals and Problem Resolution (PDF) under Billing.
	7. See the section Appealing prior authorization decisions.
Medicare Plus Blue [†]	In the Medicare Plus Blue PPO Provider Manual, see the section titled Appealing Medicare Plus Blue's Decision.
BCN commercial	In the <u>Utilization Management chapter</u> of the <i>BCN Provider Manual</i> , see the section titled <i>Appealing utilization management decisions</i> .
BCN Advantage⁺	In the BCN Advantage chapter of the BCN Provider Manual, see the section titled BCN Advantage provider appeals.

[†]If the denial is related to a *Notice of Medicare Noncoverage*, or *NOMNC*, for continued stays, submit the appeal to the appropriate quality improvement organization, or QIO. The *NOMNC* includes the name of the QIO and detailed instructions about how to appeal. For discontinuation of care, Blue Cross or BCN will send the *Notice of Medicare Non-Coverage* and *Detailed Explanation of Non-Coverage* forms.



Post-acute care requirements

Information for providers

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Revised March 2025

Utilization Management staff availability

Utilization Management staff availability varies based on the line of business:

Lines of business	Utilization management staff availability
Blue Cross commercial	Normal business hours are Monday through Saturday 8 a.m. to 5 p.m. (Eastern time).
BCN commercial	The on-call nurse is available to assist with post-acute care admissions on Sundays and holidays and at other times outside of normal business hours. Follow the instructions in the "How to submit post-acute care prior authorization requests" section on page 2. Then call the afterhours urgent phone line at 1-800-851-3904.
Medicare Plus Blue	Normal business hours are seven days a week (including holidays) from 8 a.m. to 5 p.m. (Eastern time).
• BCN	For urgent requests outside of normal business hours, follow this process:
Advantage	For urgent requests outside of normal business hours and on holidays, email UMMedicarePACCA@bcbsm.com . A nurse will contact you within one hour of receiving the email.
	2. If you don't receive a response to the email within one hour, call the after-hours urgent phone line at 1-800-851-3904.

Information for commercial members only

The information in this section applies only to Blue Cross commercial and BCN commercial members.

LTACH requests must include three SNF assessment

Before placement in a long-term acute care setting can be considered, Blue Cross commercial and BCN commercial require that the member be assessed by three skilled nursing facilities affiliated with Blue Cross or BCN, two of which must be facilities identified by Blue Cross or BCN as accepting members who require higher levels of care such as ventilators.

A determination must be made by these three facilities that they cannot provide the level of care the member needs. For information on higher-acuity skilled nursing facilities capable of doing these assessments, providers should call Blue Cross or BCN at:

For Blue Cross: 1-877-399-1673

For BCN: 1-800-392-2512



Post-acute care requirements

Information for providers

For Blue Cross commercial, Medicare Plus BlueSM, BCN commercial and BCN AdvantageSM

Revised March 2025

Notes:

- If the member was placed on a ventilator during an inpatient admission and failed to wean
 during the inpatient stay, the member can be assessed for appropriateness for the long-term
 acute level of care by applying the criteria for long-term acute care rather than the criteria for
 skilled nursing care.
- This requirement doesn't apply to Medicare Plus Blue or BCN Advantage members.

Information for Medicare Advantage members only

The information in this section applies only to Medicare Plus Blue and BCN Advantage members.

SNF interrupted stays

Note: This information applies only to Medicare Plus Blue and BCN Advantage members.

Per Centers for Medicare & Medicaid Services guidance, a skilled nursing facility interrupted stay occurs when a patient is discharged from a SNF and is readmitted to **the same SNF** within three consecutive calendar days. When this occurs:

- The readmission or subsequent stay is considered a continuation of the previous stay.
- One claim must be submitted for both stays.
- The completion of new patient assessments is optional.
- The variable per diem isn't reset.

For more information, see the "Interrupted Stay Policy" section of the Medicare Learning Network® document titled SNF PPS: Patient Driven Payment Model*.

How authorizations work for SNF interrupted stays

Note: This information applies only to Medicare Plus Blue and BCN Advantage members.

If a patient who is receiving skilled services leaves a SNF for the emergency department, for an observation stay or for an acute-care hospital inpatient stay, Blue Cross or BCN will do the following:

- We'll use the original prior authorization number if the member returns to the same SNF within one of the follow time frames:
 - Within three consecutive calendar days
 - Before two midnights have passed



Post-acute care requirements

Information for providers

For Blue Cross commercial, Medicare Plus BlueSM, BCN commercial and BCN AdvantageSM

Revised March 2025

- We'll create a **new** authorization number if the member returns to the same SNF within one of the following time frames:
 - After more than three consecutive calendar days
 - After two or more midnights have passed

How to submit claims for SNF interrupted stays

Note: This information applies only to Medicare Plus Blue and BCN Advantage members.

When submitting claims for SNF interrupted stays:

- You must submit only one claim for both stays.
- Submitting authorization numbers on Medicare Plus Blue and BCN Advantage claims for postacute care stays is **optional**. If you choose to include an authorization number on the claim, include the prior authorization number for the initial SNF stay.

Note: This doesn't apply to Blue Cross commercial or BCN commercial members.

What to include on claims for skilled nursing facility services

Be sure to include Centers for Medicare & Medicaid Services-generated PDPM code on claims for skilled nursing facility services. We'll continue to perform post-payment audits for PDPM codes and other billing requirements.

The NOMNC and DENC forms

Note: This information applies only to Medicare Plus Blue and BCN Advantage members.

For information about when and how to complete the *Notice of Medicare Non-Coverage*, or *NOMNC*, form and the *Detailed Explanation of Non-Coverage*, or *DENC*, form see the document titled Post-acute care: NOMNC and DENC forms.

Availity® is an independent company that contracts with Blue Cross Blue Shield of Michigan and Blue Care Network to offer provider portal and electronic data interchange services.

^{*}Clicking this link means that you're leaving the Blue Cross Blue Shield of Michigan and Blue Care Network website. While we recommend this site, we're not responsible for its content.