

Blue Cross commercial, Medicare Plus Blue<sup>SM</sup>, BCN commercial and BCN Advantage<sup>SM</sup>

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For Blue Cross Blue Shield of Michigan and Blue Care Network members, long-acting medications can be administered by facilities, outpatient providers and home health care agencies contracted with Blue Cross and BCN. These providers can work together to initiate and continue members on these medications.

Note: Prior authorization for home health care is required for members covered under the UAW Retiree Medical Benefits Trust.

### Obtaining long-acting medications for behavioral health

#### Where to obtain LAMs for behavioral health

Walgreens Specialty Pharmacy can fill prescriptions for long-acting medications, or LAMs; they're also knowledgeable about billing LAMs and working with providers who will administer them to the member.



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#### Notes:

- Using e-scripts is the preferred way of sending a prescription to Walgreens Specialty Pharmacy. They'll also accept prescriptions sent by phone or fax.
- For LAMs, Walgreens Specialty Pharmacy serves only Michigan prescribers.

For contact information for Walgreens Specialty Pharmacy locations in Michigan, see the table below.

| City                | Designation in electronic medical record              | Name   | Address  | NPI        | Phone and fax                                |
|---------------------|---|--|--|------------|--|
| Ann Arbor           | Walgreens Specialty<br>Pharmacy (Community)<br>#21156 | Community, a<br>Walgreens Pharmacy –<br>Store #21156 | 3500 Washtenaw Ave.<br>Ann Arbor, MI 48104               | 1689180226 | Phone: 734-205-0522<br>Fax: 734-205-0524     |
| Canton              | Walgreens Specialty<br>Pharmacy – Michigan            | Walgreens Specialty<br>Pharmacy – Store<br>#15438    | 41460 Haggerty Circle<br>South Canton MI 48188           | 1942303110 | Phone: 1-866-515-1355<br>Fax: 1-866-515-1356 |
| Detroit             | Walgreens Specialty<br>Pharmacy (Community)<br>#16374 | Community, a<br>Walgreens Pharmacy –<br>Store #16374 | 4501 Woodward Ave.<br>Detroit, MI 48201                  | 1063883403 | Phone: 313-230-2170<br>Fax: 313-230-2004     |
| Farmington<br>Hills | Walgreens Specialty<br>Pharmacy (Community)<br>#21241 | Community, a<br>Walgreens Pharmacy –<br>Store #21241 | 32395 Northwestern Hwy.<br>Farmington Hills, MI<br>48334 | 1720645278 | Phone: 248-973-2019<br>Fax: 248-973-2020     |
| Flint               | Walgreens Specialty<br>Pharmacy (Community)<br>#21186 | Community, a<br>Walgreens Pharmacy –<br>Store #21186 | 2284 Ballenger Hwy.<br>Flint, MI 48503                   | 1801388020 | Phone: 810-275-9084<br>Fax: 810-275-9085     |
| Grand<br>Rapids     | Walgreens Specialty<br>Pharmacy (Community)<br>#16475 | Community, a<br>Walgreens Pharmacy –<br>Store #16475 | 555 Michigan St. NE<br>Grand Rapids, MI 49503            | 1649723263 | Phone: 616-224-0115<br>Fax: 616-224-0117     |

Walgreens Specialty Pharmacy is a provider of specialty pharmacy services.



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### **Examples of LAMs available through Walgreens Specialty Pharmacy**

Some LAMs for behavioral health that are available through Walgreens Specialty Pharmacy include:

- First-generation medications such as:
  - Haldol<sup>®</sup> decanoate (haloperidol decanoate)
  - o Prolixin decanoate (fluphenazine decanoate)
- Second-generation medications such as:
  - Risperdal Consta<sup>®</sup> (risperidone)
  - o Abilify Maintena® (aripiprazole) and Aristada® (aripiprazole lauroxil)
  - Zyprexa<sup>®</sup> Relprevv<sup>TM</sup>

Note: This medication is available but may be impractical due to the monitoring and the provider education necessary for administration.

- Invega Sustenna<sup>®</sup> (paliperidone palmitate)
  - Note: Invega Trinza® (3-month paliperidone palmitate) is also available but requires prior authorization. The request for prior authorization must show adequate prior treatment with Invega Sustenna for at least four months with no significant adverse effects.
- Medications for medically assisted treatment for substance disorders, such as:
  - Vivitrol® (naltrexone for extended-release injectable suspension)
  - Sublocade® (buprenorphine extended-release injection for subcutaneous use)
  - Probuphine® (buprenorphine implant)
    - Note: This is available, but it requires that the physician complete the implant in the facility before discharge or in the outpatient setting.



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### Locating a provider or agency to administer LAMs for behavioral health

#### Types of providers

The types of providers who may prescribe and administer long-acting medications for behavioral health are:

- Primary care provider
- Psychiatrist
- Nurse practitioner
- Community mental health agency
- Home health care agency
- Any other provider licensed by the state of Michigan to administer LAMs

Blue Cross and BCN encourage the referring provider to confirm with the administering facility, provider or agency that they will indeed be able to administer the medication; do this before referring the member.

#### The Find Care tool

You can use the Find Care tool at **bcbsm.com** to locate providers. Complete these steps:

- 1. Visit **bcbsm.com** and click Find Care.
- 2. Click Individuals and families.
- 3. Under Find a Doctor, click Search without logging in.
- 4. If prompted, choose a location.
- 5. Identify the member's plan by completing these steps:
  - o In the upper-right corner of the screen, click the *I don't know my network* button.
  - Click Find a different plan.



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- o Select the appropriate plan and click the *Confirm selection* button.
- 6. Identify the provider by completing these steps:
  - Click Doctors by specialty.
  - o In the search field, type in one of the provider types above and click the search icon.
  - o In the search results, click the provider's name and review the information.

Blue Cross and BCN encourage the referring provider to confirm with the administering facility, provider or agency that they will indeed be able to administer the medication; do this before referring the member.

Note: The referring provider or agency may choose to use its own providers, such as nursing staff, to administer the LAM to the member.

### Initiating and continuing long-acting medications for behavioral health

#### How to initiate and continue LAMs or a member being discharged from the hospital

- 1. Begin the LAM in the facility.
- 2. Do the following near discharge or the day before:
  - a. Identify a facility, outpatient provider or home health care agency contracted with Blue Cross or BCN using the <u>Find</u> <u>Care</u> tool. Refer to the "The Find Care tool" subsection in this document.
  - b. Write and send a referral order to that facility, outpatient provider or home health care agency to provide LAMs following discharge. Include the member's name, date of birth, enrollee ID / subscriber ID and group number.
  - c. Submit the LAM prescription to Walgreens Specialty Pharmacy at one of the locations listed in the "Where to obtain LAMs for behavioral health" subsection in this document. Do the following:
    - Send the prescription using an e-script, if possible.



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- Include instructions to coordinate the administration of the medication with the identified facility, outpatient provider or home health care agency.
- Include the member's name, date of birth, enrollee ID / subscriber ID and group number. Walgreens Specialty
  Pharmacy will use this information to check the member's benefits and confirm that it can provide a LAM to the
  member.

Once the prescription is filled, the medication can be delivered to the facility, outpatient provider or home health care agency that will administer the LAM.

- 3. Ensure that the discharge summary sent to the aftercare provider (primary care provider or psychiatrist) includes:
  - The name of the LAM prescribed
  - The date the member received the LAM in the hospital
  - The date the member is expected to receive the first LAM after discharge

### How to initiate and continue LAMs from an outpatient or a partial hospital setting

Note: If the member is already receiving a LAM, skip Step 1 and go directly to Step 2.

- 1. Identify a facility, outpatient provider or home health care agency contracted with Blue Cross or BCN using the <u>Find</u> Care tool. Refer to the "The Find Care tool" subsection later in this document.
- 2. Write and send a referral order to the facility, outpatient provider or home health care agency to provide the LAM following discharge. Include the member's name, date of birth, enrollee ID / subscriber ID and group number.
- 3. Write and send the LAM prescription to Walgreens Specialty Pharmacy at one of the locations listed in the "Where to obtain LAMs for behavioral health" subsection in this document. Do the following:
  - Send the prescription using an e-script, if possible.
  - Include instructions to coordinate the administration of the medication with the identified facility, outpatient provider or home health care agency.



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Also include the member's name, date of birth, enrollee ID / subscriber ID and group number. Walgreens Specialty
Pharmacy will use this information to check the member's benefits and confirm that it can provide a LAM to the
member.

Once the prescription is filled, the medication can be delivered to the facility, outpatient provider or home health care agency that will administer the LAM.

### Responsibilities of Walgreens Specialty Pharmacy and administering providers

#### **Responsibilities of Walgreens Specialty Pharmacy**

At first contact with a prescriber, Walgreens Specialty Pharmacy will send the Prescriber Agreement Form, which requires the prescriber's signature and which must be renewed annually.

When the prescriber sends a prescription for a member, Walgreens Specialty Pharmacy:

- 1. Receives the referral or the order for the member's medication, including:
  - The prescription
  - The name, location and phone number of the facility, outpatient provider or home health care agency involved with the case
- 2. Verifies the member's insurance coverage.
- 3. Reaches out to the member to obtain consent and discuss cost sharing, financial assistance and related issues.

Note: When Walgreens Specialty Pharmacy talks with the member, they attempt to obtain the member's consent over the phone; no written consent is required.

- If the member doesn't approve the plan to ship the medication to the facility, outpatient provider or home health care agency, Walgreens Specialty Pharmacy notifies the facility, outpatient provider or home health care agency and asks them to notify the prescriber that the member didn't approve.
- If Walgreens Specialty Pharmacy is unable to contact the member, they'll obtain consent through the administering provider; refer to Step 4, below.



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4. Contacts the facility, outpatient provider or home health care agency to confirm the delivery date and the date on which the LAM is scheduled to be administered.

Note: If Walgreens Specialty Pharmacy hasn't obtained consent directly from the member, they'll send a form with the first shipment. The administering provider must sign that form.

5. Ships the medication to the facility, outpatient provider or home health care agency.

Note: The facility, outpatient provider or home health care agency is required to sign for the drug.

**Important:** Walgreens Specialty Pharmacy doesn't agree to ship any medications without consent from either the member or the administering provider.

- 6. Follows up on any delivery and billing issues.
- 7. Handles any returns.

Note: Michigan pharmacy law states that a prescription cannot be returned once it has been dispensed. Once a medication has been dispensed, Walgreens Specialty Pharmacy cannot accept the medication and must process a return (and do reverse billing).

#### Responsibilities of administering providers

The facility, outpatient provider or home health care agency that administers the LAM:

- 1. Verifies the member's insurance coverage upon receiving the referral.
- 2. Receives the phone call from Walgreens Specialty Pharmacy indicating the date the medication will be delivered and the location of the delivery.

Note: The LAM can't be delivered to the member's home or to a nurse's home.

- 3. Accepts delivery of the medication and signs for the delivery.
- 4. If the medication wasn't administered, contacts the prescriber and informs them of the reason it wasn't administered.

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